## **Medical Services Information – Selamat Hospital**

### **Specialist Services**

**Cardiology (Heart and Blood Vessels Specialist)** Selamat Hospital provides comprehensive cardiology services with an experienced team of heart specialists. Our services include:

* **Cardiology Consultation**: Thorough examination for chest pain, shortness of breath, palpitations, and arrhythmia
* **Electrocardiography (ECG)**: Examining heart electrical activity to detect rhythm and function disorders
* **Echocardiography**: Ultrasound of the heart to assess structure and function in detail
* **Stress Test**: Exercise test to evaluate heart function during activity
* **Cardiac Catheterization**: Diagnostic and therapeutic procedure to assess coronary arteries
* **Coronary Stent Placement**: Minimally invasive procedure to open blocked coronary arteries
* **Pacemaker Implantation**: For patients with arrhythmias
* **Service Hours**: Monday–Friday 08:00–16:00, Saturday 08:00–12:00
* **Location**: Available at 15 Selamat Hospital branches across Indonesia

**Pulmonology (Lung Specialist)** Our pulmonology services treat various lung and respiratory diseases with modern facilities and experienced medical staff.

* **Pulmonology Consultation**: For chronic cough, shortness of breath, chest pain, and respiratory issues
* **Spirometry**: Lung function test to measure capacity and performance
* **Bronchoscopy**: Examination of the airways using a fiber optic camera for accurate diagnosis
* **Tuberculin Test**: For tuberculosis infection detection
* **Sleep Study**: For sleep disorders such as sleep apnea
* **Chest Physiotherapy**: Helps clear mucus and improve lung function
* **Asthma Management**: Comprehensive asthma control and care program
* **Oxygen Therapy**: For chronic respiratory conditions
* **Service Hours**: Monday–Friday 08:00–16:00, Saturday 08:00–12:00
* **Location**: Available at 18 Selamat Hospital branches

**Ophthalmology (Eye Specialist)** Selamat Hospital provides complete eye care services with advanced technology to protect your eye health.

* **Comprehensive Eye Examination**: Includes refraction, eye pressure, and retinal health checks
* **Cataract Surgery**: Using the latest phacoemulsification technology
* **Glaucoma Surgery**: Various surgical techniques for high eye pressure
* **Retinal Surgery**: For retinal diseases such as detachment and diabetic retinopathy
* **LASIK**: Vision correction surgery to reduce dependence on glasses
* **Intravitreal Injection Therapy**: For macular disease and diabetic retinopathy
* **Children’s Eye Examination**: Early detection of vision disorders in children
* **Oculoplastic Surgery**: For eyelid and tear duct abnormalities
* **Service Hours**: Monday–Friday 08:00–17:00, Saturday 08:00–14:00
* **Location**: Available at 12 Selamat Hospital branches with eye surgery facilities

### **Screening and Vaccination Programs**

**Health Screening Program** **Executive Medical Check-Up** – A comprehensive health package for early disease detection:

* Complete physical examination
* Full blood lab test
* Heart check-up (ECG, Echocardiography)
* Lung check-up (Chest X-ray, Spirometry)
* Complete abdominal ultrasound
* Eye and ear examination
* Specialist consultation

**Heart Screening**

* ECG and Echocardiography
* Cholesterol and lipid profile test
* 24-hour blood pressure monitoring
* Stress test if indicated

**Cancer Screening**

* Mammography (breast cancer detection)
* Pap smear (cervical cancer detection)
* Colonoscopy (colon cancer detection)
* Tumor markers for various cancers

**Diabetes Screening**

* Fasting and 2-hour postprandial blood sugar test
* HbA1c for long-term diabetes control
* Kidney and eye function tests

**Vaccination Program**

* **Adult Vaccination**: Influenza, Hepatitis A & B, Tetanus-Diphtheria (Td), Pneumococcal, HPV, Shingles, Meningitis
* **Child Vaccination**: Complete basic immunization (per IDAI schedule), additional vaccines (rotavirus, pneumococcal, influenza), catch-up immunization, pediatric vaccination consultation
* **Travel Vaccination**: Yellow Fever, Japanese Encephalitis, Typhoid, Rabies, travel medicine consultation
* **Location & Hours**: Available at all Selamat Hospital branches, Monday–Saturday 08:00–16:00

### **General Medical Procedures**

**Endoscopy** Internal organ examination using a fiber optic camera for accurate diagnosis and therapy.

* **Gastroscopy**: For stomach and duodenum (ulcer, gastritis, cancer)
* **Colonoscopy**: For large intestine (polyps, colitis, colorectal cancer)
* **Bronchoscopy**: For lung disease diagnosis
* **Cystoscopy**: For bladder and urinary tract

Preparation: fasting 8–12 hours, consultation, full blood test, medical consent.

* **Facilities**: Modern endoscopy rooms, experienced medical team
* **Duration**: 15–45 minutes depending on procedure
* **Location**: Available at 10 Selamat Hospital branches

**Magnetic Resonance Imaging (MRI)** Imaging test using magnetic fields and radio waves for detailed organ and tissue images.

* **Types**: Brain, Spine, Cardiac, Abdominal, Musculoskeletal MRI
* **Preparation**: Remove metal objects, change into hospital attire, fasting 4–6 hours (for contrast MRI), consult if metal implants or claustrophobia
* **Advantages**: 1.5 Tesla MRI machines, experienced radiology team, results in 2–4 hours, patient comfort with spacious design
* **Duration**: 30–60 minutes
* **Location**: Available at 8 branches

**Hemodialysis (Kidney Dialysis)** Renal replacement therapy for chronic or acute kidney failure using advanced dialysis machines.

* **Services**: Routine dialysis (3x/week), acute dialysis, nocturnal dialysis (night), home dialysis training
* **Facilities**: 40-bed dialysis unit, advanced machines, high-quality water treatment, 24-hour trained staff, comfortable waiting area
* **Preparation**: Routine lab tests, vascular access (fistula, graft, catheter), nephrologist consultation, medication adjustments
* **Service Hours**:

	+ Shift 1: 06:00–10:00
	+ Shift 2: 10:30–14:30
	+ Shift 3: 15:00–19:00
	+ Shift 4: 19:30–23:30 (selected patients)
* **Location**: Available at 20 branches (total 800 dialysis beds)
* **Patient Education Program**: Nutrition counseling, vascular access care, fluid/electrolyte management, support groups

### **Further Information**

* **Call Center**: 1500-SELAMAT (1500-735262)
* **Website**: [www.selamathospital.co.id](http://www.selamathospital.co.id/)
* **Mobile App**: Selamat Hospital (App Store & Google Play)
* **Email**: info@selamathospital.co.id

**Service Hours**:

* Monday–Friday: 08:00–20:00
* Saturday: 08:00–16:00
* Sunday: 08:00–12:00 (limited services)
* **Emergency Unit**: 24/7

**Selamat Hospital – Serving Wholeheartedly**